

Gasses Analyzed

ncrease in Hydrogen (H<sub>2</sub>)

Increase in Methane (CH<sub>4</sub>)

ncrease in combined H<sub>2</sub> & CH<sub>4</sub>

## PATIENT: XXXXXXXXXXXXXXXXXX

TEST NUMBER: T-NL-XXXXX (XXXXXXXXXX)

Expected

< 20 ppm

< 12 ppm

< 15 ppm<sup>3</sup>

GENDER: XYZ

COLLECTED: XX/XX/XXXX

RECEIVED: XX/XX/XXXX

TESTED:

180 Min.

XX/XX/XXXX XX/XX/XXXX XX/XX/XXXX

TEST REF: TST-NL-XXXX
PRACTITIONER:

xxxxxxxxxxxxxxxx

fCO2

1.57 1.27

1.27

1.34

1.22

1.12

4.9

# **TEST NAME: Breath Test for Lactose Malabsorption/Intolerance**

### Summary Report of Hydrogen & Methane Breath Analysis with Carbon Dioxide Correction

					Sample N	orn
Number	Collection Interval	ppm H2	ppm CH4	Combined	ppm CO2	
1	Baseline	4	5	9	4.3	
2	30 Min.	3	2	5	3.5	
3	60 Min.	1	1	2	4.3	
4	90 Min.	3	5	8	4.3	
5	120 Min.	4	4	8	4.1	

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Analysis of the data suggests	Lactose intolerance is suspected 3,7

18 ppm (normal)

14 ppm (high)

32 ppm (high)

40 T					Lactose Intolerance											
Gas Value (ppm)	Hydrogen Methane Combined						34									
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	9	5	2	8 5 3	8	4/2	19 15									
	Baseline	30 Min	60 Min	90 Min	120 Min	150 Min	180 Min									
Hydrogen	4	3	1	3	4	2	19									
Methane	5	2	1	5	4	2	15									
Combined	9	5	2	8	8	4	34									

### Important Information - Please Read:

Breath analysis standards for abnormal tests are suggested if an increase of 20ppm for Hydrogen (H<sub>2</sub>), 12ppm for Methane (CH<sub>4</sub>), or a combined 15ppm for Hydrogen (H<sub>2</sub>) & Methane (CH<sub>4</sub>) is detected.

Only the treating clinician is able to determine if there are additional factors that could have a material impact on the results of this analysis.

Only the treating clinician is able to determine if there are additional factors that could have a material impact on the results of this analysis. A diagnosis can only be obtained from a medical professional that combines clinical information with the results of this breath analysis.

The results of this Hydrogen (H<sub>2</sub>) & Methane (CH<sub>4</sub>) breath test should be utilized as a guideline only.

Aerodiagnostics LLC does not have access to patient clinical information that is critical for a diagnosis determination.

## **Quality Control:**

Aerodiagnostics performs quality control analysis on specimens processed using rigorous standard operating procedures, established in conjuction with Clinical Laboratory Improvement Amendments (CLIA). Hydrogen (H<sub>2</sub>) & Methane (CH<sub>4</sub>) breath test values are corrected by Aerodiagnostics state-of-the-art solid state sensor technology & scientific algorithm for Carbon Dioxide (CO<sub>2</sub>) content in the samples.

1 The correction factor, f(CO<sub>2</sub>) is used to determine if each sample is valid for analysis. A f(CO<sub>2</sub>) close to 1.00 is indicative of a good alveolar sample, while a factor in excess of 4.00 is indicative of a poor sample.

<sup>3</sup> A combined H<sub>2</sub> + CH<sub>4</sub> increase of 15 ppm or more may be suggestive of Lactose intolerance\malabsorption.

Flevated H<sub>2</sub> and/or CH<sub>4</sub> levels >120 minutes can indicate intolerance. Metz, G. et al. Breath hydrogen as a diagnostic...Lancet 1975 (May 24); 1(7917):1155-7. If the baseline H<sub>2</sub> level is elevated and the onehour sample is elevated even more, there is a strong suspicion that the patient has bacterial overgrowth. Even with overgrowth, a later increase in H<sub>2</sub> and/or CH<sub>4</sub> can be interpreted as a positive test for intolerance. Douwes, AC, Schaap, C and van der Kleivan Moorsel, JM. Hydrogen breath test in school children. Arch Dis Child. 1985 (Apr);60(4):333-7

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